

Witheridge CE Primary School - Growth and Relationship Education

Growth and relationship education is about physical, moral and emotional development. It is about the understanding of the importance of stable and loving relationships for family life, respect, love and care, and also about the teaching of sexuality and health. It has three main elements: attitudes and values; personal and social skills; knowledge and understanding.

Effective growth and relationship education is essential if young people are to make responsible and well informed decisions about their lives; its objective is to help and support young people throughout their physical, emotional and moral development. A successful programme will help young people to learn to respect themselves and others and move with confidence from childhood through adolescence and into adulthood. At primary school level it should ensure that all children: develop confidence in talking, listening and thinking about feelings and relationships; are able to name parts of the body and describe how their bodies work; can protect themselves and ask for help and support (and know who to ask); and are prepared for puberty.

At Witheridge CE Primary School growth and relationship education is provided as an integral part of our Personal Social and Health Education programme, and links are also made to the Science curriculum when appropriate. The programme is tailored to the age and physical and emotional maturity of the children, and this policy provides a framework for what is appropriate for the different ages.

By the end of Year 2 children will:

- Be able to name parts of their bodies using appropriate terms;
- Know why general hygiene is important.

By the end of Year 4 children will:

- Be prepared for puberty.

By the end of Year 6 children will:

- Be fully aware of the functions of their bodies and changes that take place;
- Know how babies are conceived (i.e. the biological event of the sperm and egg meeting)
- Know about pregnancy, birth, and breastfeeding.

Children will not study intercourse, contraception, STDs or sexual orientation.

Where appropriate in Key Stage 2 single sex lessons may be used, but with boys and girls covering the same content.

Parents will be informed in advance of what is likely to be addressed, so that they are able to support their children at home in answering any questions they might have. If possible parents will also have a chance to view any teaching materials that may be used, and pointed in the direction of helpful leaflets or books.

Parents are reminded of their right to withdraw their child from all or part of the growth and relationship education provided at school except for those parts included in the statutory National Curriculum.